



## Chinmaya Mission Twin Cities

Invites you to a series of talks on

# “Tips for Happy Living”

By Swami Ishwarananda

Swami Ishwarananda  
Acharya, Chinmaya Mission Los Angeles

H.H Swami Chinmayananda,  
(Founder, Chinmaya Mission)

Many in this world are merely 'existing', some 'surviving', a few really 'living', a rare few 'living happily' and the rarest, 'outliving life' itself. 'Tips for Happy Living' shows practical ways of how to live happily and outlive life. Pujya Guruji Swami Tejomayananda's easy-to-remember 'sutras' (guidelines) and easy-to-follow commentary can effortlessly transform us from the 'ordinary' to the 'extraordinary'.

❖Monday	March 8, 2010	7:00 - 8:30 pm	Session I
❖Tuesday	March 9, 2010	7:00 - 8:30 pm	Session II
❖Wednesday	March 10, 2010	7:00 - 8:30 pm	Session III
❖Thursday	March 11, 2010	7:00 - 8:30 pm	Session IV
❖Friday	March 12, 2010	7:00 - 8:30 pm	Session V

**Free Admission for lectures, Free child supervision for kids 5 years & above**

Workshop on “Stress Management” by Swami Ishwarananda

*On Saturday, March 13<sup>th</sup>, 9 am – 12 noon, Fee \$51 (Couples) & \$25 (Individual)*

*Venue for both events*

**12575 County Rd 43, Chaska MN 55318 Ph: 952-368-6000**

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**Mission Statement:** “To provide to individuals, from any background, the wisdom of vedanta and the practical means for spiritual growth and happiness, enabling them to become positive contributors to society ”