



Chinmaya Ganapati  
Chinmaya Mission Twin Cities



**Workshop on Stress Management**  
**With Swami Ishwarananda**  
**Spiritual Head of Chinmaya Mission of Los Angeles**

On 13 March 2010, 9:00 AM to 12:00 PM  
At Chinmaya Mission Twin Cities  
12575 County Rd 43, Chaska MN 55318  
(corner of Hwy 212 and Co Rd 43)

**Cost: \$51 (Couple), \$25 (Individual)**

|                |  |
|----------------|--|
| <b>NAME</b>    |  |
| <b>ADDRESS</b> |  |
| <b>PHONE</b>   |  |
| <b>EMAIL</b>   |  |

Please make check payable to "Chinmaya Mission Twin Cities" and mail to  
Chinmaya Mission Twin Cities  
12575 County Rd 43, Chaska, MN 55318

For further questions, please contact Manu Madhok at [mmadhok@comcast.net](mailto:mmadhok@comcast.net) or (952) 920 2074